



WYOMISSING AREA SCHOOL DISTRICT LUNCH MENU



WHEC APRIL 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Schools Closed	2 Chicken Corn Dogs WG Soft Pretzel Baked Beans Assorted Fruit Low Fat or Fat Free Milk	3 Pizza Max Sticks w/ Marinara Broccoli Assorted Fruit Low Fat or Fat Free Milk	4 Cheeseburger Tater Tots Assorted Fruit Low Fat or Fat Free Milk	5 Garlic French Bread Pizza Balsamic Chickpea Salad Assorted Fruit Low Fat or Fat Free Milk
8 Popcorn Chicken w/ Waffles Country Mix Vegetables - Corn, Broccoli Red Peppers Assorted Fruit Low Fat or Fat Free Milk	9 Pizza Chicken Quesadilla Fiesta Black Beans Salsa Sour Cream Assorted Fruit Low Fat or Fat Free Milk	10 Penne Pasta w/ Meat Sauce Dinner Roll Steamed Broccoli Assorted Fruit Low Fat or Fat Free Milk	11 Beef Ribbque Sandwich Smiley Fries Cool Tropics Juice Slushy Assorted Fruit Low Fat or Fat Free Milk	12 Stuffed Crust Pizza Steamed Carrots Assorted Fruit Low Fat or Fat Free Milk
15 Chicken Nuggets w/ Dinner Roll Scalloped Potatoes Assorted Fruit Low Fat or Fat Free Milk	16 Terriyaki Chicken WHEC Brown Rice Steamed Carrots Assorted Fruit Low Fat or Fat Free Milk	17 Lasagna Roll Ups w/ Dinner Roll Garlicky Green Beans Assorted Fruit Low Fat or Fat Free Milk	18 Hot Dog Curly Fries Baked Beans Assorted Fruit Low Fat or Fat Free Milk	19 Pizza Mixed Vegetables Assorted Fruit Low Fat or Fat Free Milk
22 Mac & Cheese w/ Corn Bread Peas Assorted Fruit Low Fat or Fat Free Milk	23 Sweet Chili Meatballs Brown Rice Autumn Blend Vegetables - Green Beans, Carrots, Zucchini, Cauliflower Assorted Fruit Low Fat or Fat Free Milk	24 Pizza Max Sticks w/ Marinara Steamed Broccoli Assorted Fruit Low Fat or Fat Free Milk	25 Crispy Chicken Sandwich French Fries Side Salad - Lettuce, Tomatoes, Cucumber Assorted Fruit Low Fat or Fat Free Milk	26 Meatlovers Stromboli Steamed Carrots Assorted Fruit Low Fat or Fat Free Milk
29 Roasted Chicken Drummy Brown Rice Ranchero Pinto Beans Assorted Fruit Low Fat or Fat Free Milk	30 Popcorn Chicken WHEC Scalloped Potatoes Peas Assorted Fruit Low Fat or Fat Free Milk		<p>Menus Are Subject to Change On-line payments can be made at schoolcafe.com</p> <p>FULL PRICE STUDENT MEAL \$2.65 ADULT MEAL \$4.50</p>	<p>ONLINE CAFETERIA SERVICES</p> 

AVAILABLE DAILY ENTRÉE ALTERNATIVE
PB&J UNCRUSTABLES
YOGURT W/ CHEESE STICK, WG BANANA
OR PUMPKIN BREAD
CHEF'S SALAD W/ WG DINNER ROLL

EVERY MEAL INCLUDES: ENTREÉ, VEGETABLE & FRUIT SERVINGS AND A CHOICE OF ASSORTED FAT FREE AND LOW FAT MILK.
WE OFFER AN ASSORTMENT OF FRESH, CANNED AND FROZEN FRUIT DAILY

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Committed to Serving Excellence